



Reading is Caring: Online Workshops

What is Reading is Caring?

Reading is Caring seeks to support **people living with dementia** and **the people who care about them** to maintain their existing personal relationships through shared reading.

Who can attend Reading is Caring online workshops?

The online workshops are available to **Care Partners (professional and family carers)** to support them to create an individually designed, regular, shared reading practise specifically tailored to the person they care for who is living with dementia.



How are the Reading is Caring online workshops delivered?



The informative, enjoyable and helpful online workshops are delivered in real-time over Zoom (or Microsoft Teams) by Koren Calder, Scottish Book Trust's Reading Communities Outreach Project Manager.

A **Reading is Caring Handbook** and **Reading Diary** will also be sent to all those who sign up, in the post. These books accompany the workshops and can be worked through alongside the real-time delivery. They have been designed to enable carers to tailor the Reading is Caring programme to their individual requirements and circumstances and capture progress at the same time.

When can I attend Reading is Caring online workshops?

To sign up contact readingiscaring@scottishbooktrust.com and we will send you a timetable of when the workshops are taking place and help you to get online (if needed).

scottishbooktrust.com

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