

Tweeddale CLD LEARNING COMMUNITY PARTNERSHIP UPDATE BULLETIN

- **Borders College Employability Courses**
- **Alzheimer Scotland Dementia friends online sessions:**
- **SOSE Public Survey on Town Centre Planning:**
- **Suicide Prevention Awareness Week:**
- **RVS Virtual Hall:**
- **Eastgate at Home**

Thursday 3rd Sep

Borders College Employability Courses:



Employability
Courses.pdf

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Alzheimer Scotland Dementia friends online sessions:

We are delighted to announce that we are now offering our Dementia friends sessions online, and have 4 sessions coming up in October. On these awareness sessions you will learn what it's like to live with dementia, and what we can do in our community to help people living with dementia and their families in the Borders. These will be facilitated through Microsoft Teams, and links to join will be sent via e-mail after booking.

Spaces are limited on these sessions, so booking is essential! To book your space, or find out more please get in touch (rogers@alzscot.org or borders@alzscot.org or call 01573400324)

Dates:

Monday 19th October 2pm-3pm (8 Places Left)

Monday 19th October 7pm-8pm (8 Places Left)

Tuesday 20th October 11am-12pm (8 Places Left)

Thursday 22nd October 4pm-5pm (8 Places Left)



Online DF
sessions.pdf

Rebecca Rogers

Dementia Advisor | Borders | 07884187962

Alzheimer Scotland, 19 Bridge Street, Kelso, TD5 7HT

<https://www.justgiving.com/fundraising/alzheimer-scotland-borders>

Monday 7th September

SOSE Public Survey on Town Centre Planning:

We are encouraging community organisations/businesses across the South of Scotland to participate in the public opinion survey launched on 14th August 2020 to offer their insight into challenges and opportunities for local town centres. South of Scotland Enterprise recognise the significant role that town centre's play in the regeneration of our local communities

The public opinion survey is a key element of the Town Centre Action Plan Review, the initial Town Centre Action Plan having been published by the Scottish Government in 2013. We are urging individuals, businesses, community groups and organisations to get involved by completing the online survey current hosted on www.lovelocal.scot

The review was launched by the Scottish Government in early July and forms a part of the COVID-19 recovery response. The review is being conducted by an independent expert panel led by Prof Leigh Sparks, Professor of Retail Studies at Stirling University. South of Scotland Enterprise is taking an active role in the national review and is represented on the expert panel by Prof Russel Griggs.

The short survey takes 5-10 minutes to complete; it seeks to gain views on the challenges and potential opportunities and ideas for Scotland's towns. The survey is **open until Wednesday, 30th September 2020** and is being actively promoted throughout Scotland.

Please refer to the www.lovelocal.scot for further information on the national review together with useful information on Scotland's Town Centre Recovery Campaign.

Kathy Cremin

Communities Specialist

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Suicide Prevention Awareness Week: Attached are some key messages that we will be using locally that you may wish to consider using throughout the week. Please follow NHS Borders on Facebook and Twitter for the latest updates.



SPAW2020

stakeholder comms.training for Mental I



Autumn 2020

On Thursday 10 September a new national suicide prevention brand for Scotland is being launched which will replace the former 'Choose Life' branding. 'United to Prevent Suicide' aims to create a national movement to prevent suicide where everyone has a role to play. The first phase of the campaign is to ask people to sign up to the website www.unitedtopreventsuicide.org.uk and pledge their support. I'd be grateful if you could show your support for this new initiative. You can find out more information in our SPAW2020 stakeholder comms briefing.

Please note that no content about 'United to Prevent Suicide' should be shared before Thursday 10 September.

If you have activities planned for Suicide Prevention Awareness Week please get in touch with jenny.lees@borders.scot.nhs.uk to let us know so that we can share our local response.

We still have some licences left for our pilot of the Living Works START programme, which is online suicide awareness training. Further details are attached. If you or anyone in your organisation would like to find out more or register please contact health.improvement@borders.scot.nhs.uk

Jenny Lees

Health Improvement Specialist - Suicide Prevention **Mobile 07775227147**

Tuesday 8th Sep

RVS Virtual Hall: <https://www.royalvoluntaryservice.org.uk/> . Each day there is a programme of themed online activities from music and singing to creative arts. You can join in the live sessions or catch up on demand. One of the favourites is the singing gardener.

Harry Cockerill

Service Coordinator (Eildon Area)

British Red Cross

Scottish Borders

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EASTGATE AT HOME

Here is this weeks Eastgate at home! As always, please share with your friends, members, colleagues and networks.

Four more crackers for you in this week's #eastgateathome clips! Claire Blyth provides a tour of the excellent Artists for Eastgate exhibition (with the bulk of proceeds going to the theatre's ongoing fundraising campaign), an interview with a young actor who is going places fast, top gardening tips from local author Jan Cameron, plus episode three of the brilliant Eastgate Garden Ceilidh. Happy viewing!

Please see individual links for the clips below, although you can also watch each week's clips in one go using our week by week playlists:

<https://www.youtube.com/channel/UCpF1NeljxgZk52wzY9i6ufg/playlists>

Individual links

Artists for Eastgate: interview with Claire Blyth (about a wonderful exhibition of work for sale that sees a significant percentage of proceeds going to the Eastgate's ongoing fundraising campaign)

<https://youtu.be/YDEynUyZ3hE>

Gardening Gems: Plants for free (how to take cuttings)
<https://youtu.be/MuIUgVjo2cE>

The Eastgate and Me: Jack Dickson
<https://youtu.be/M15qW0tE-9k>

The Eastgate Garden Ceilidh, Episode three
<https://youtu.be/sGPRirWdPaE>

Do also check out the Eastgate events page which lists all #eastgateathome clips to date, plus a range of other digital content. Events are listed in date order, so you will have to scroll down through the event tiles:

<https://eastgatearts.com/>

And of course, do also share a link to the Open Doors Campaign:
<https://www.justgiving.com/campaign/Eastgatetheatreopendoors>

#eastgateathome #opendoorscampaign #friendsoftheeastgate